WHAT IS CLAIMED IS:

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- A hydraulic shock absorber for a vehicle, comprising:

 a slide member slidably provided within a cylinder tube; and
 a working fluid chamber provided within the cylinder tube and

 the slide member, wherein
 - a guide bush coated with a polytetrafluoroethylene and an oil seal sealing the fluid chamber disposed in an inner periphery of the cylinder tube so as to be in slide contact with an outer peripheral surface of the slide member, and
- an amorphous hard carbon film disposed on the outer peripheral surface of the slide member.
 - 2. The hydraulic shock absorber for a vehicle according to claim 1, wherein grooves having a fine depth and holding the working fluid are formed in a net shape on a surface of the amorphous hard carbon film.
 - 3. The hydraulic shock absorber for a vehicle according to claim 2, wherein the net-shaped grooves have a depth between 0.09 and 0.2 μ m.